



Viva Fertility Clinic

Guided by Science. Grounded in Care.
Inspired by Hope.

Book an Appointment!



Our Patient's IVF Journey



We're more than just a clinic,
We're. Your Reliable Partner to
Parenthood.

Start Your IVF Journey With Us!



COMPLAINTS & FEEDBACK



SCAN ME



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Get Started With Us

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At Viva Fertility Clinic, we recognize that the journey toward parenthood is more than a medical process - it's a deeply personal and life-defining experience. Whether you're venturing into IVF for the very first time or returning with renewed strength and hope, our expert team is here to support you with compassionate care and world-class reproductive solutions tailored specifically to you.

Your IVF Journey, Step by Step

Each IVF journey is carefully shaped by your individual medical history, age, and diagnostic insights - because your care should be as exceptional as your dream of starting or growing a family. Let's walk you through the thoughtfully crafted stages of your IVF experience at Viva Fertility.

Step 1: Booking Your Appointment

Your IVF journey begins with a single, important step - scheduling your initial consultation at Viva Fertility Clinic. This appointment lays the foundation for everything ahead, so a little preparation goes a long way in making it insightful, empowering, and stress-free.

Step 2: Initial Consultation & Evaluation

Your first face-to-face session with our fertility experts marks a pivotal step in your IVF journey. This consultation is far more than just a meet-and-greet - it's a deep dive into your reproductive health, a moment of discovery, and the beginning of a customized pathway to parenthood.

Step 3: Fertility Assessments

We delve into the causes of infertility and create customized strategies. Every plan is built with precision and personal attention. From hormone profiles to imaging and semen analysis, we'll carefully examine every data point to gain a clear understanding of the factors at play.

Step 4: Results Review: You'll receive a thoughtful breakdown of your test outcomes - clarifying why conception may be difficult and what opportunities exist for improvement. We present the full spectrum of fertility solutions available to you - from assisted reproductive techniques to lifestyle recommendations and supportive therapies. Armed with these insights, we'll develop a pragmatic and personalized treatment strategy focused on optimizing your chances of success.

Step 5: Treatment Initiation

With your fertility assessments complete and your personalized plan in hand, we now begin the active phase of your IVF journey. This is where science meets timing, and every decision is designed to optimize outcomes. The most common next step is ovarian stimulation, though your path may differ based on your diagnosis and plan. This step involves daily injections or oral pills, depending on your treatment program.

Patients First Visit to the Clinic, What to Expect



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Every step of the IVF process is shaped by a singular vision: to walk alongside you with compassion, clinical excellence, and unwavering support.



When to Consider IVF



Step 6: Egg Retrieval & Fertilization

This phase marks a significant milestone in your IVF journey: the collection of mature eggs and the beginning of fertilization. Once the egg follicles measure about 18mm - 24mm, your egg retrieval is scheduled approximately 34 - 36 hours after the trigger injection - timed precisely for optimal egg maturity. In the hours following egg retrieval, sperm - whether fresh, frozen, or donor-sourced - is meticulously prepared by our embryology team. Depending on your treatment plan, fertilization occurs via conventional IVF or Intracytoplasmic Sperm Injection (ICSI), where a single sperm is directly injected into each mature egg. This step is filled with anticipation, where science and hope converge to spark the earliest steps of new life.

Step 7: Embryo Development & Selection

Normally fertilized eggs, known as zygotes, are selected and returned to the incubator for culture, where they begin dividing to form embryos. By Day 5, embryos typically develop into blastocysts - fluid-filled cellular structures that signal readiness for implantation. Our expert embryologists use internationally recognized morphological scoring criteria to assess embryo quality to select the healthiest embryos for uterine transfer. For couples at increased risk of genetic disorders, we offer Pre-implantation Genetic Testing (PGT). This advanced technique allows for the identification of chromosomally and genetically normal embryos prior to transfer, giving added confidence and safety.

Step 7: Embryo Transfer

Embryo transfer is one of the most pivotal moments in the IVF journey. At Viva Fertility, we perform embryo transfers exclusively on Day 5 or 6, when embryos reached blastocyst stage. The quality and number of embryos to be transferred will be discussed with you. Only the healthiest blastocysts with high implantation potential are transferred. We recommend transferring 2 to 3 embryos however, we respects patient's preference. The procedure is performed using a specialized catheter, inserted through the cervix under real-time ultrasound guidance. The procedure is generally painless, though some patients may experience mild discomfort. No anesthesia is typically required, and recovery is swift. You'll rest in our clinic briefly before returning home the same day with post-care instructions.

Step 8: Luteal Support & Pregnancy Testing

Hormonal support with progesterone and estradiol continues post- embryo transfer. Pregnancy test is scheduled 14 days after to confirm whether implantation was successful.. Whether your results are positive or not, our team stands ready with compassionate guidance for next steps. If pregnancy test is positive, luteal support is continued until 12 weeks gestation and a luteal support fee will be charged

The journey may be intricate, but you're never alone. At Viva Fertility, we turn science into care, and hope into possibility. Your story matters to us - and we're honored to be part of it every step of the way.

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